

Women Development Cell

Women's Development Cell were set up in Government Polytechnic for Girls, as per UGC guidelines, mention in SAKSHAM-BOOK from below mention link.

https://www.ugc.ac.in/pdfnews/5873997_SAKSHAM-BOOK.pdf

Roles and Responsibility

- To enhance self esteem and self confidence of women students, faculty and staff in college.
- To guide about Women Welfare Laws.
- To assert the importance of spiritual, economic, social, racial and gender equality.
- To highlight the importance of health and hygiene.
- To assist the girl students in the overall personality development.
- To organize seminars, workshops relating to women development.
- To deal with cases of sexual harassment, in a time bound manner and in accordance with the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013,
- To provide and maintain a dignified, congenial working environment for women employees and students, where they can work, study and explore their potential to the fullest.
- To provide for dialogue, discussion, and deliberation on woman's rights and gender related issues. To encourage participation from NGOs and law enforcement agencies in this area.
- To become a resource centre for women and provide a forum for exchange of ideas.
- To review safety and security measures for female employees and girl students on the University campus.

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

EVENTS ORGANIZED BY WOMEN DEVELOPMENT CELL

(TERM :2017-18, 2018-19, 2019-20, 2020-21,2021-22,2022-23,2023-24)

International Yoga day ,on 21/06/2019

Name of organizer : Women Cell Development

Under the visionary Leadership of Hon. Prime Minister Shri Narendrabhai Modi, 21st June has been declared as INTERNATIONAL YOGA DAY. Yoga has not been limited and restricted to any community, religion, area, nation, society or any individual economy, but today the entire world has accepted and started practicing yoga. The whole credit for this completely vested to our culture roots. Government Polytechnic For Girls, Ahmedabad celebrated the **International Day of Yoga 2019** in the college premises. All effort was made to spread awareness about the benefits of yoga in life.



GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Workshop on Self Defence ,on 10 /12/2019

Name of organizer : Women cell development

A self defence workshop was conducted at our institute on 10th December 2019. The workshop was organized to spread awareness on issues of personal development, safety and self defence. The aim was to prepare the girls to be alert, confident and quick in responding to situations where their security and safety is under threat.

The event had two sessions:

The first session was a discussion with the girls. The topic of physical changes and development among girls. Discussions on changes in the body pertaining to age and dressing were held where responses were collected from the girls on how their families placed restrictions on the way they should behave and dress as they grow up. The second session covered situation-based play acts with regard to self defence techniques.



GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD



GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Seminar on Stress management, on 03/02/2020

Name of organizer : Vidushee Gargi Women Development Cell

Name of co-ordinator: Dr ShivangiKhandwala

Name of speaker: Mr.J.C.Patel

A seminar on Stress management was arranged at college on 3rd February 2020. The speaker of the seminar was Mr.J.C.Patel. He emphasized on the fact that stress will only lead to failure. If one practices a stress free life, success is inevitable.He also demonstrated few exercises which can help release stress, which can lead to a peaceful mind.



GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on “House Warriors of Lockdown”, on 6th June, 2020.

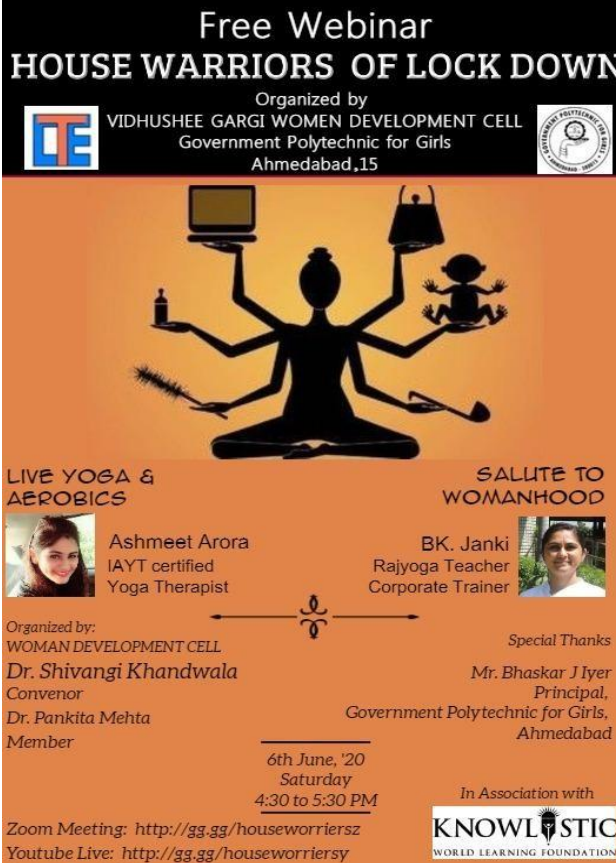
Name of organizer : Vidushee Gargi Women Development Cell

Name of co-ordinator: Dr ShivangiKhandwala

Name of member: Dr Pankita Mehta

Name of speaker: A.M. Arora ,B.K. Janki

Gymkhana committee of GPG, Ahmedabad, organized a webinar on “House Warriors of Lockdown” on 6th June, 2020. The webinar was conducted by ShriB.K.JankiRajyoga trainer and A.M.Arora Yoga Therapist. Dr. ShivangiKhandwala coordinated the event. The webinar made the participants aware about the world level scenario during this COVID-19 pandemic. After attending this event, the participants were motivated to stay strong during these challenging times of pandemic.



Free Webinar
HOUSE WARRIORS OF LOCK DOWN

Organized by
VIDHUSHEE GARGI WOMEN DEVELOPMENT CELL
Government Polytechnic for Girls
Ahmedabad,15

LIVE YOGA & AEROBICS

Ashmeet Arora
IAYT certified
Yoga Therapist

SALUTE TO WOMANHOOD

BK. Janki
Rajyoga Teacher
Corporate Trainer

Organized by:
WOMAN DEVELOPMENT CELL
Dr. Shivangi Khandwala
Convenor
Dr. Pankita Mehta
Member

Special Thanks
Mr. Bhaskar J Iyer
Principal,
Government Polytechnic for Girls,
Ahmedabad

6th June, '20
Saturday
4:30 to 5:30 PM

Zoom Meeting: <http://gg.gg/houseworriersz>
Youtube Live: <http://gg.gg/houseworriersy>

In Association with
KNOWLSTIC
WORLD LEARNING FOUNDATION

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on “Solo Female Traveller”, on 11th October, 2020.

Name of organizer : Vidushee Gargi Women Development Cell

Name of co-ordinator: Ms J.G. Pillai

Name of convener: Dr ShivangiKhandwala

Name of speaker: MsTejalVasavada




The webinar on “Solo traveller” was organized by gymkhana committee of GPG, Ahmedabad. The event was conducted by Ms. TejalVasavada Director American Corner Abad & Solo traveller and was coordinated by Ms. J.G.Pillai, the faculty member of workshop department and Ms. S.M.Khandwala, the convener of gymkhana committee. The webinar celebrated the success story of a woman solo traveler of the institute, Ms. J.G.Pillai. The webinar also motivated and encouraged the participants to go on solo travelling by eliminating out their fears about solo travelling, especially the girls. It also gave the participants very clear ideas about the problems that one can face while going on a solo trip and how to tackle those problems and make their trip a successful one. The webinar motivated the participants to live their dream of solo travelling without fear and presumptions.

**"VIDUSHI GARGI" - Women Development Cell
Government Polytechnic for Girls &
GPG Alumni Association, Ahmedabad**

PRESENTS

સંગઠ
One Step, Together

Female
Solo Travellers

 Tejal Vasdvada Director, American Corner, A'bad & Solo Traveller	 Jaya Pillai Lecturer, Powerlifter, Rider, Traveller	 Dr. Shivangi Khandwala Moderator Convener, WDC Government Polytechnic for Girls
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11TH OCT 2020 - 2 PM, SUNDAY
JOIN HERE: [HTTP://GG.GG/SANGATH1](http://gg.gg/sangath1)

KNOWLSTIC
WORLD LEARNING FOUNDATION

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

AMERICAN CORNER
Ahmedabad

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GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on “awareness about nutritious and healthy food habits”, on 28th November,2020

Name of organizer :FIT India Youth Club & Gymkhana

Name of convener: Dr Shivangi Khandwala(Gymkhana Convenor)

Name of speaker: Dr. Gaurangi Bhatt

Gymkhana committee of GPG under FIT INDIA YOUTH CLUB, Ahmedabad, organized a webinar on “awareness about nutritious and healthy food habits”, on 28th November,2020. The webinar was conducted by ShriDr. Gaurangi Bhatt, a homeopathy physician and a nutrition and wellness advisor from. Ms. N.H. Sharma and Ms. K.J.Shah from GPG coordinated the event. Dr Gaurangi explained students that the eating healthy is making sure that your body is getting the necessary nutrients it needs to function properly. She emphasize on healthy eating habits such as people eat fruits, vegetables, whole grains, fats, proteins, and starches. She told that for best results, people should avoid fried or processed foods, as well as foods high in added sugars and salts. At last she told in these days how much it is necessary to have nutritious and good food for having healthy life. Students took great knowledge from this webinar. Around 200 students and faculties participated in the event.



The image shows a Zoom webinar interface on the left and a promotional banner on the right. The Zoom interface displays a grid of participants with initials (1P, H1, K1, I, M, DC, AI, etc.) and a list of names on the right. The banner on the right features the Government Polytechnic for Girls, Ahmedabad logo, the title "FIT India Youth Club & Gymkhana presents WEBINAR ON AWARENESS ABOUT NUTRITIOUS & HEALTHY FOOD HABITS IN 21st CENTURY", a photo of Dr. Gaurangi Bhatt, and the date "28th NOV 2020" at "11.30 AM Onwards". Below the banner, the roles of the organizers are listed: Gymkhana Coordinator (Dr. Shivangi M Khandwala), Facilitator (Prof. Bhaskar J. Iyer), and Event Coordinator (Ms N H Sharma and Ms K J Shah).

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on “Boost fitness with aerobics”, on 13th December,2020

Name of organizer : FIT India Youth Club & Gymkhana

Name of co-ordinator: Ms Ila M Mistry, Ms Nimisha Sharma, Ms K.J. Shah

Name of convener: Dr Shivangi Khandwala (Gymkhana Convenor)

Name of speaker: A.M. Arora

The webinar on “Boost fitness with aerobics” was organized by gymkhana under Fit India Youth Club, on 13th December, 2020. The webinar was conducted by Ms. Ashmeet Arora, an IAYT certified yoga therapist. The event was coordinated by Ms. Ila M. Mistry, Ms. Nimisha Sharma and Ms. Khyati Shah from institute. Ashmeet Arora began the session with meditation where she taught focusing the mind on a particular object, thought, or activity to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state. Then she demonstrated yogasanas and along with her students also started doing yogan and learnt many asans. After that she continued with performing aerobics and taught students many exercise steps. As it was morning session, students felt a very good with meditation yoga warmup and lot of aerobics. Around 50 participants took benefit of the event.



**FIT INDIA CLUB AND GYMKHANA ORGANIZE
WEBINAR ON
BOOST FITNESS WITH AEROBICS**

Ashmeet Arora
IAYT Certified
Yoga Therapist

**13 DEC.
8:00 AM
ONWARDS**

Facilitator
Prof. Bhaskar J. Iyer
Government polytechnic for Girls,
Ahmedabad

Gymkhana Co-ordinator
Dr. Shivangi M. Khandwala

Event Co-ordinator
Ms. Ila M. Mistry
Ms. Nimisha H. Sharma
Ms. Khyati J. Shah

Ashmeet Monga

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on “The secret source of fitness”, on 19th December, 2020

Name of organizer : FIT India Youth Club & Gymkhana

Name of convener: Dr Shivangi Khandwala(Gymkhana Convenor)

Name of speaker: Ms. Jaya Pillai

The webinar on “the secret source of fitness” was organized by Fit India Club and Gymkhana committee of GPP, Ahmedabad, on 19th December, 2020. The webinar was delivered by Ms. J.G.Pillai, lecturer, GPG, who is also a solo traveler and a power lifter. The event was coordinated by Ms. Nimisha Sharma and Ms. Khyati Shah. Jaya G. Pillai started with explaining advantages of exercise and its effect in our regular day to day life. Then she told how much nutritious food makes a human being healthy. She also mentioned about components of fitness that includes cardiorespiratory endurance, muscular strength, muscular endurance, flexibility, and body composition. Then she told about marathon, yogan and its importance. She enlighten on that fact that staying active is the secret sauce of the fitness. She also told her personal experience of weight loss by doing regular exercise. Then she ended the session with advice that any form of exercise should be done atleast 4-5 days a week for 40-45 minutes. Total 64 students and faculty members participated in the webinar.



FIT INDIA CLUB AND GYMKHANA ORGANIZE WEBINAR ON THE SECRET SAUCE OF FITNESS

JAYA G. PILLAI
POWER LIFTER
LECTURER
MECHANICAL ENGINEERING
GPG AHMEDABAD

Date. 19/12/2020
11.30 AM Onwards

FACILITATOR
Prof. BHASKAR J. IVER
GOVERNMENT POLYTECHNIC FOR
GIRLS, AHMEDABAD

GYMKHANA CONVENER
Dr. SHIVANGI M. KHANDWALA

EVENT CO-ORDINATORS
Ms. NIMISHA H. SHARMA
Ms. KHYATI J. SHAH

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on “Meditation- A peaceful mind”, on 19th December, 2020

Name of organizer : FIT India Youth Club & Gymkhana

Name of convener Dr Shivangi Khandwala(Gymkhana Convenor)

Name of speaker: B.K. Janki

Gymkhana committee of GPG under FIT INDIA YOUTH CLUB, Ahmedabad, organized a webinar on “Meditation- A peaceful mind”, on 19th December, 2020. The webinar was conducted by B.K.JaniThakkar, a Rajyoga teacher as well as Assistant manager at Brahmakumaris Organization, Vastrpur, Ahmedabad. The webinar made the participants aware about the required amount of calories per to to maintain fit body and mind. The speaker also emphasized on keeping the strength of the body instead of focusing on the appearance only. The event was coordinated by gymkhana convener Ms. Shivangi M. Khandwala.



The poster features a background of a stack of smooth, reddish-brown stones on a sandy surface. In the top left corner is the logo of Government Polytechnic for Girls, Ahmedabad. In the top right corner is the logo for KnowlStic World Learning Foundation. The central text reads: 'FIT INDIA CLUB AND GYMKHANA ORGANIZE WEBINAR ON MEDITATION-FEEL A PEACEFUL MIND'. Below this, a circular inset shows a woman speaking into a microphone. To the right of the inset, the speaker's details are listed: 'B.K. JANKI THAKKAR, RAJYOGA TEACHER, ASST.MANAGER, BHARMAKUMARIS(VASTRAPUR) ORG.'. A white box at the bottom center contains the date and time: 'DECEMBER 19TH 2020 AT 2.30 PM'. At the bottom, the names of the facilitator and gymkhana convener are listed, along with the names of the FIT India Club co-ordinators.

**FIT INDIA CLUB AND GYMKHANA ORGANIZE
WEBINAR ON
MEDITATION-FEEL A PEACEFUL MIND**

B.K. JANKI THAKKAR
RAJYOGA TEACHER
ASST.MANAGER,
BHARMAKUMARIS(VASTRAPUR) ORG.

DECEMBER 19TH 2020 AT 2.30 PM

FACILITATOR
Prof. BHASKAR J. IYER
GOVERNMENT POLYTECHNIC
FOR GIRLS, AHMEDABAD

GYMKHANA CONVENER
Dr. SHIVANGI M. KHANDWALA

FIT INDIA CLUB CO-ORDINATORS
MS.NIMISHA H. SHARMA
MS. KHYATI J. SHAH

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Receipt of Incinerator (Sanitary Napkin Machine) ,on 28/12/2020, Monday

Name of organizer : Women cell development

Name of convener: Dr Shivangi Khandwala

Our Institute Government Polytechnic for Girls, Ahmedabad is the largest Girls Polytechnic of Gujarat with capacity of 1700 female students has received Incinerator (Sanitary Napkin Machine) by the members of Shri Jain Swetamber Terapanth Mahila Mandal, Ahmedabad. We are thankful to the President Ms Manita Chopra, Vice President Ms. Pratiska Sutaria and Ms. Sarita Loda of Shri Jain Swetamber Terapanth Mahila Mandal for their generous and compassionate contribution of Incinerator (Sanitary Napkin Machine) which encourages safe disposal of sanitary waste and it also promotes awareness about cleanliness and hygiene.



GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Thalassemia awareness program, on 20/02/2021

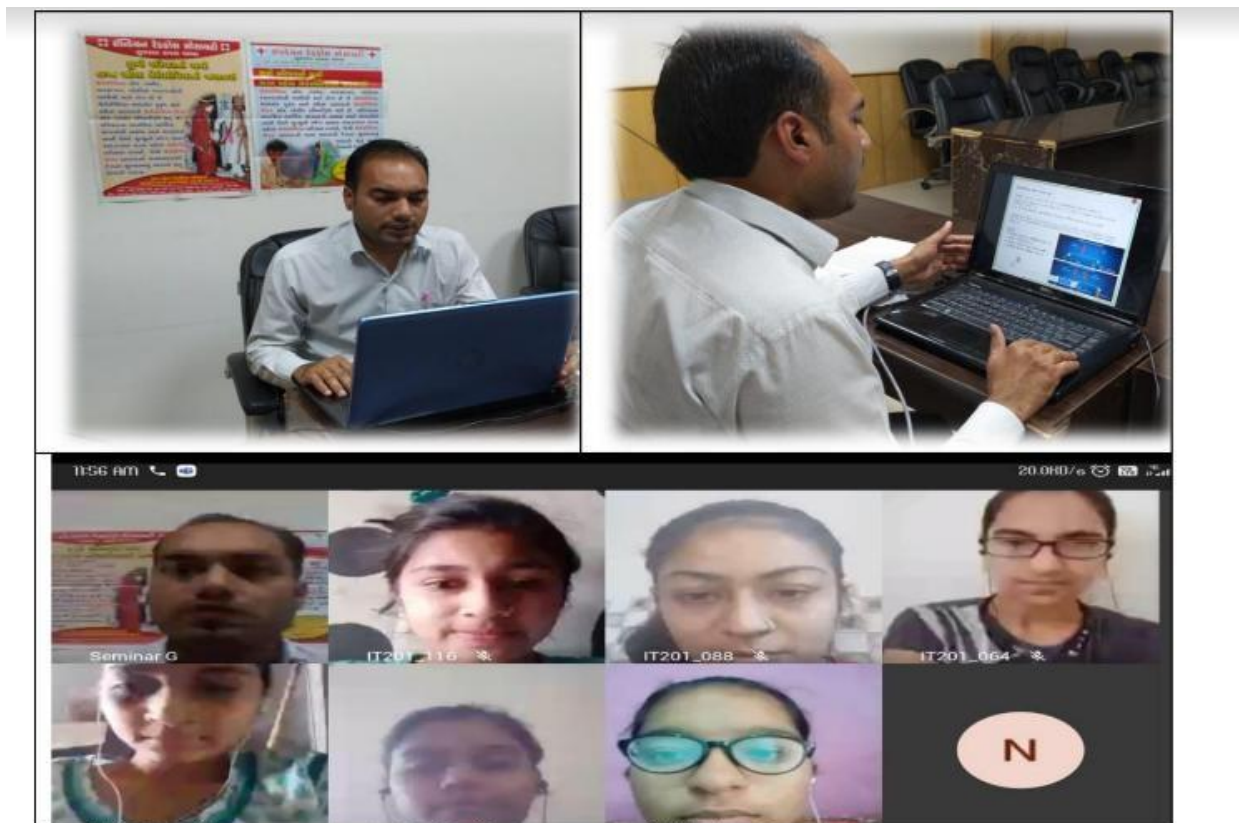
Name of organizer : Indian Red cross Society

Name of convener: Dr Shivangi Khandwala(Gymkhana Convenor)

Faculty Co-ordinatory : Dr. Pankita A. Mehta

Name of speaker: Shri Jayesh Solanki

A blood disorder involving lower-than-normal amounts of an oxygen-carrying protein. Thalassemia is an inherited blood disorder characterised by less oxygen-carrying protein (haemoglobin) and fewer red blood cells in the body than normal. Symptoms include fatigue, weakness, paleness and slow growth. Mild forms may not need treatment. Severe forms may require blood transfusions or a donor stem-cell transplant. Thalassemia is a Genetic disorder & it can be prevented by testing oneself before marriage. In association with Indian Red Cross Society (one of the leading organization in the field of Health) and Government Polytechnic for Girls, Ahmedabad organize an online Thalassemia Pre-Counselling session to aware the students. As per the directions given by Honourable Governor Shri in letter No. GS/Thalassemia/5987/2018, dated 27th August, 2018, mandatory awareness on Thalassemia and screening for first year students. The entire first year student of Government Polytechnic for Girls, had attended the online awareness program.



GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

**Government Polytechnic for Girls,
Ahmedabad**

and

**Indian Red Cross Society
Gujarat State Branch, Ahmedabad**

Presents

▶ Live Webinar

On

Subject : Thalassemia Awareness Programme

Date : 20-02-2021

Time : 11:00 AM

Link :



Speaker : Jayesh Solanki - Programme Officer, IRCS, GSB

Invitee	Organize By	Co-ordinator
Prof. Bhaskar J. Iyer Principal Government Polytechnic for Girls, Ahmedabad	+ Indian Red Cross Society + Gujarat State Branch	Dr. Pankita A Mehta Lecturer Government Polytechnic for Girls, Ahmedabad

GOVERNMENT POLYTECHNIC FOR GIRLS, AHMEDABAD

Webinar on Corona Fear or anxiety, on 01/06/2021

Name of convener: Dr ShivangiKhandwala

Name of speaker: BDr. Shradhha Archarya

Dr. Shradhha V Acharya is presenting

Eat well

COVID-19 Nutrition Tips

World Health Organization
REGIONAL OFFICE FOR Africa

It is important to stay well nourished, so the body is better able to resist infection.

- Eat a range of nutrient rich foods every day
- Drinks 8-10 cups of water every day
- Keep your hands, kitchen and cooking utensils clean and sanitized

Meeting details

Dr. Shradhha V Acharya is presenting

Reasons..

- Stress
- Anxiety
- Fear
- Loss of near ones
- Uncertainty
- Unemployment
- Money crisis
- New Responsibility
- Loneliness
- Me time
- Social Distance
- Outing
- Friends
- Stigma

Meeting details

Committee Name: **WOMEN DEVELOPMENT CELL**

Name of Convenor: **M.M. Desai/P.N. Parikh/F. V. Kugashiya**

Sr No	Event Name	Event Expert	Event Date	No of Students participated
1	Kidney awareness programme	India Renal foundation	21/02/2022	35
2	Yoga and Medication for staff	Mrs. Binal Chavada	05/03/2022	26
3	Celebration of International Women's Day	Adarsh Rotary foundation & Lion club of Karnavati star, Ahmedabad.	08/03/2022	126
4	Regarding organizing workshop on Women safety and self defense	Shri M M Thakur (PSI) And SHE Team	27/04/2022	104
5	seminar on Women Empowerment and Personality Development	Ms. Zankhanaben R. Trivedi	22/08/2022	51

1. Kidney awareness programme



2. Yoga and Medication for staff





3. Celebration of International Women's Day



4. Regarding organizing workshop on Women safety and self defense



5. Seminar on women empowerment and personality development



Committee Name: **WOMEN DEVELOPMENT CELL**

Name of Convener: **Dr. F. V. Kugashiya**

Summary 2023

Sr No	Event Name	Event Expert	Event Date	No of Students participated
1	Fire drill for students	N.B.Nadoda	17/01/2023	70
2	Awareness program on investment and mutual funds	Ms.Palak Lotiya (SEBI Trainer)	04/02/2023	50
3	Celebration of International Women's Day	Dr. Farzana V.Kugashiya	02/03/2023	45
4	Goal Setting Seminar	Dr. Farzana V.Kugashiya	21/04/2023	55
5	Awareness Program on Road and Safety	Mr. S B Zaveri (Retired RTO Officer)	05/05/2023	68
6	Dream, Believe and Achieve	Ms Jaya Pillai	15/05/2023	70
7	Cancer Awareness & world environment Day	Smt. Ilaben Dave(cancer survivor) Shri Uday Vohra(Rt. Forest Officer)	12/06/2023	110
8	Mahila Shashaktikaran Programme	Shri.Ashok Parikh (General Manager office in-charge) Smt P. Kavita (General Manager,RBI)	14/06/2023	126

1. Fire drill for students



2. Awareness program on investment and mutual funds





Government Polytechnic for Girls, Ahmedabad
Women Development Cell
Organizes

SEMINAR ON "INVESTMENT AND MUTUAL FUND AWARENESS"



FINANCIAL SPEAKER
Ms. Palak Lotiya
SEBI Trainer

4th February 2023
11:30 to 1:00 PM
Venue: Room No- 102, Academic Building
Refreshment will be provided



FACILITATOR
Shri Bhaskar J. Iyer

Women Development Cell Convener
Smt. F. V. Kugashiya

3. Celebration of International Women's Day



4. Goal Setting Seminar



5. Awareness Program on Road and Safety



6. Dream, Believe and Achieve



7. Cancer Awareness & world environment Day



8. Mahila Shashaktikaran Programme



Summary 2024

Sr No	Event Name	Event Expert	Event Date	No of Students participated
1	Self-Employment workshop	Shri. Pranjal Mishra	23/01/2024	64
2	Gender Sensitivity Program	Ms. Prita Jha(Quest Alliance)	06/02/2024	92
3	Wisdom and meditation sessions	Shri Krishna	29/02/2024	166
4	International Women's Day celebration	Women Entrepreneurs (Ms Nishi Jain, Ms Meghna Das, Ms Sarika Chitrodiya), iHub (Ms Lavina Bhambhani), AWS Expert (Ms Surbhi Jain), AWS community membes (Ms Dimple Vahgela, Ms Poonam Patel and Ms Omsfree Bhutani)	15/03/2024	150
5	Cancer Awareness program	Dr Ekta Vala	16/03/2024	90
6	Talk show on "What's new in women health?"	Dr Mukesh Bavishi and Dr Vidula Bavishi	31/08/2024	25

1. Self-Employment workshop



2. Gender Sensitivity Program



3. International Women's Day celebration



4. Cancer Awareness program



5. Talk show on “What’s new in women health?”

